Amber Waves DIVING COMPANY™

12959 East 21st Street North
Wichita, KS 67230
316-775-6686

Wichita CPR Training
Provided by Amber Waves Diving Company

WHERE THE PRAIRIE MEETS THE SEA

Tap to subscribe to our YouTube channel

Instructor Brian Harvey pictured here with John Spellmeyer. John finished his pool and classroom training with us and is now headed to Cozumel to finish his SCUBA certification

Sunny Patel finished his SCUBA certification with us on our Group trip to Cozumel Brac. What a great place to finish your SCUBA training.

Employees from Primrose East Pre-School joined us Wednesday night for First Aid-CPR-AED Training.

Sunday afternoon First Aid graduates.

Employees from White Eagle Credit Union completed first aid training with us this past week.

PLEASE NOTE:
Store hours for Saturday November 7th
10:00 AM TO 4:00 PM
FAMILY WEDDING AND FAMILY FIRST

SCUBA SCHOOL

NOV 6-8	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
NOV 7	DISCOVER SCUBA AND SCUBA REVIEWS
NOV 8	OPEN POOL DIVE FOR FUN DIVERS (2-4 PM)
NOV 13-15	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
NOV 14	DISCOVER SCUBA AND SCUBA REVIEWS
NOV 15	OPEN POOL DIVE FUN DIVERS (2-4 PM)
NOV 20-22	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
NOV 21	DISCOVER SCUBA AND SCUBA REVIEWS
NOV 22	OPEN POOL DIVE FUN DIVERS (2-4 PM)
NOV 27-29	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
NOV 28	DISCOVER SCUBA AND SCUBA REVIEWS
NOV 29	OPEN POOL DIVE FUN DIVERS (2-4 PM)
DEC 4-6	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
DEC 5	DISCOVER SCUBA AND SCUBA REVIEWS
DEC 6	OPEN POOL DIVE FUN DIVERS (2-4 PM)
DEC 11-13	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
DEC 12	DISCOVER SCUBA AND SCUBA REVIEWS
DEC 13	OPEN POOL DIVE FUN DIVERS (2-4 PM)

MAKE EVERY WEEKEND A DIVE WEEKEND

PADI padi.com

ENRICHED AIR CLASS!
1ST CALL AND SCHEDULE YOUR CLASS

AMBER WAVES DIVING REPAIR CENTER

Properly functioning gear is crucial
Your safety depends on it. That's why we are the best technicians in the business to service your gear.

What to expect
We are certified technicians that always follow manufacturer guidelines. Conscientious and thorough, we examine every part of your gear. We're always on the lookout for wear and corrosion, immediately swapping out anything worn or damaged. We want your next dive to be your best dive!

Wichita CPR Training
Provided by Amber Waves Diving Company

WICHITAcprTRAINING Center can provide training in Emergency First Responder, American Heart Association, American Safety and Health Institute, and the National Safety Council. Our Instructors have real world experience in providing first aid care and will provide you a 'real life' training experience.

We also sell MOST brands of AEDs.

Call 316-775-6688 to schedule your class

OV Bungalow DBL OVER	$3410	Villa/Action Double OVER	$3000
OV Bungalow DBL NON DIVER	$2660	Villa/Action DBL NON DIVER	$2250
OV Bungalow Single OVER	$4000	Villa Anton Single OVER	$3310
		Villa/Aaron DBL OVER	$3590
		Villa/Aaron DBL NON DIVER	$2850
		Villa/Aaron Single OVER	$4310

"All In" Alarm Bats Packages Include:
- Return Airport Transfers
- 10 nights' accommodation
- Full board meal plan with coffee tea and water included
- Soft drinks, juices, specialty teas, beer, house wine
- Government Taxes
- DIVER: Choice of boat dives, or up to 2 hours sea treatments, or tours each day

Package Excludes:
- Airfare (fly in and out of Denpasar, Bali airport code DPS)
- Nusa Penida trips ($95 per person includes transport, Diving, boxed lunch - pay on site; weather dependent)
- Beverages not mentioned
- Indonesia Visa Fees (Currently $35 on arrival or pre-pay)
- Night and Black Water Dives – available at a surcharge
- 100 ct ft tank rental
- Personal dive equipment
- Gratuities
- Trip cancellation insurance – **HIGHLY RECOMMENDED!!**

We have a Single Diver spot open up . $500 each non+ refundable deposit holds your spot. We only accept cash or check for our trips

Aqua Lung Leg2nd Regulator
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EVERYTHING YOU'D EVER WANT IN A REGULATOR

$959.00

COMMON SCUBA MISTAKES

Whether you're new to scuba diving or have already logged multiple dives, avoiding mistakes can make the difference between a good dive and a potentially dangerous one. Even experienced divers can fall into bad habits, which might not seem like a big deal until they lead to issues like gear failure or panic underwater.

1. Skipping Pre-Dive Equipment Checks
Skipping the pre-dive equipment check is one of the most common mistakes divers make. It's easy to assume that your gear is fine if it worked during the last dive, but equipment issues can arise unexpectedly, leading to dangerous situations underwater.

How to Avoid It:
- **Do a pre-dive buddy check**: Before each dive, go through the steps of the pre-dive safety check with your buddy. This includes checking your buoyancy control device (BCD), weights, releases, air, and a final check.
- **Check your air:** Make sure your air supply is turned on, check your BCD inflates and deflates properly, and check your weight system is secure.
- **Check your regulators:** Take a few deep breaths from your regulator (and alternate) while watching your pressure gauge to ensure they are functioning correctly.

2. Poor Buoyancy Control
Many divers struggle with buoyancy control; it's a skill that takes time and practice to master. Poor buoyancy can result in fatigue, wasted air, and damage to marine life.

How to Avoid It:
- **Master your weighting**: The first step to good buoyancy is being properly weighted. If you're too heavy, you'll need to inflate your BCD too much, which can cause you to constantly rise and sink. If you're too light, you'll have trouble staying down.
- **Use your breathing**: Breathing control is one of the most powerful tools you have for adjusting your buoyancy. A deep breath will make you float up slightly, while exhaling will help you sink. Practice using small adjustments in breathing to maintain your position in the water.
- **Practice hovering**: During your dives, practice hovering mid-water without fining. This will help you become more aware of your body position and learn to control your buoyancy with minimal effort. If you really want to hone your buoyancy skills, join any Sunday after 1:30 pm to work on your buoyancy in our 18 ft. deep pool. It is one of the best ways to fine-tune your buoyancy on your own time.

3. Not Equalizing Properly
Failing to equalize pressure in your ears during descent can lead to ear pain, or worse, an ear injury. Many divers forget to equalize or wait too long before attempting it, leading to discomfort or the need to end a dive.

How to Avoid It:
- **Equalize early and often**: Start equalizing before you feel any pressure, ideally as soon as you begin your descent. Equalize by pinching your nose and gently blowing or by swallowing. Continue equalizing frequently as you descend.
- **Ascend if necessary**: If you're unable to equalize, ascend slightly until the pressure decreases, then try again before continuing your descent.
- **End your dive**: If you still can't equalize after ascending slightly and trying again, end your dive. It's better to miss a dive than to injure your ears.

4. Poor Buddy Communication
Failing to communicate effectively with your dive buddy can lead to confusion or even dangerous situations. Poor communication increases the chances of becoming separated, running out of air, or missing critical dive signals.

How to Avoid It:
- **Establish hand signals before the dive**: Review common hand signals with your buddy before entering the water and check you use the same signals. This ensures you both understand how to signal important messages like low air, needing to ascend, or pointing out marine life.
- **Stay close to your buddy**: You should be able to reach your buddy within 2 seconds throughout the dive, so stay close. If separated, look for them for no more than one minute before ascending safely.

5. Rapid Ascents
A rapid ascent is one of the most dangerous mistakes a diver can make. Ascending too quickly can lead to decompression sickness (DCS) or lung over-expansion injuries, both of which can be life-threatening.

How to Avoid It:
- **Monitor your ascent rate**: Always watch your dive computer or depth gauge during your ascent. A safe ascent rate is generally no faster than 18 meters (60 feet) per minute when ascending from more than 18 meters deep.
- **Practice controlled ascents:** Regularly practice your ascent skills, especially after deep dives. Make sure you incorporate a safety stop at 5 meters (15 feet) for 3-5 minutes to allow your body to off-gas any remaining nitrogen.
- **Use your BCD correctly**: Don't inflate your BCD while ascending. Instead, use gentle fin kicks to ascend and release air from your BCD during the ascent.

6. Neglecting Air Management
Running low on air or not managing your air consumption properly is a critical mistake that can lead to panic or emergency ascents. This is particularly risky during deep dives or in currents.

How to Avoid It:
- **Monitor your air supply frequently**: Check your pressure gauge regularly throughout the dive, especially at deeper depths or if exerting yourself. Get into the habit of signaling your air level to your buddy.
- **Always surface with air**: Plan your dive so that you surface with at least 500 psi (50 bar) of air left.
- **Work on your breathing:** Slow, controlled breathing will not only conserve air but also help you stay calm and improve your buoyancy control.

7. Overconfidence
Many divers, especially those with a few successful dives under their belt, may push themselves into conditions that are beyond their skill level, such as strong currents, deep wrecks, or low-visibility environments. Overconfidence can quickly lead to stress, panic, or accidents.

How to Avoid It:
- **Know Your Limits**: Stay within your certification and experience levels, especially when dealing with unfamiliar environments. Don't dive in conditions that make you uncomfortable.
- **Seek professional guidance**: If you want to challenge yourself with new dive conditions or experiences, such as wreck diving or diving in strong currents, consider taking a specialty course to develop the necessary skills.

NOW IN STOCK

Suunto Nautic Dive Computer w/ Bungee Cord & Tank Pod

Made for Every Dive and Every Diver

From recreational dives to technical missions, Suunto Nautic grows with your passion. It supports single- and multi-gas configurations, sidemount setups, and full decompression planning. Customizable dive views let you choose what matters most at every depth. Whatever your dive style, Nautic adapts to it seamlessly.

Real-Time Awareness, Wireless Precision

Wireless tank pressure tracking gives divers real-time gas readings and consumption data at a glance. Dual transmitter support makes it easy for sidemount divers to follow both tanks simultaneously, while clear, color-coded visuals keep you instantly informed throughout the dive.

Stay Oriented Above and Below the Surface

Suunto Nautic integrates essential navigation and safety tools to keep you oriented wherever you dive. Offline maps and GPS help plan and track your routes, while the built-in digital compass provides precise direction underwater. Tide, weather, and sunrise/sunset data support safe surface intervals, and the integrated flashlight brings visibility and

$585.00

Suunto Ocean Wrist Computer with Charging Cable

Discover the unmatched versatility of the Suunto Ocean Watch
A perfect blend of a True Dive Computer and a True Sports Watch. Engineered for resilience, this watch stands as your ultimate companion under any environmental conditions. Whether you're exploring the depths of the ocean or traversing rugged landscapes and assures reliability and accuracy

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With Transmitter

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The new MK11 EVO/R105

This regulator is a simple, rugged and reliable air delivery system. The MK11 EVO is a compact balanced diaphragm first stage with a forged brass body fitted with thermally fine and protective plastic bumpers to ward off scratches. The R105 delivers smooth, dependable air flow from its classic downstream valve design. Built to last, the R105 features a durable metal valve housing and an anti-scratch front cover.

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Aqualung presents us with the Helix, Pro a mid-priced regulator, which enjoys very good performance, undoubtedly above expectations.

It represents the DNA of the Aqualung regulators. It is without Question the best option in terms of value for money currently available.

The Helix Pro version has two added features:

Aqualung's patented ADJ system, technology that protects the first stage from accidental entry of water or dirt even when the regulator is not under pressure.

And sealed ambient pressure chamber, suitable for cold and/or polluted waters.

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WICHITA METRO SCUBA
HEADQUARTERS