



# Amber Waves DIVING COMPANY™

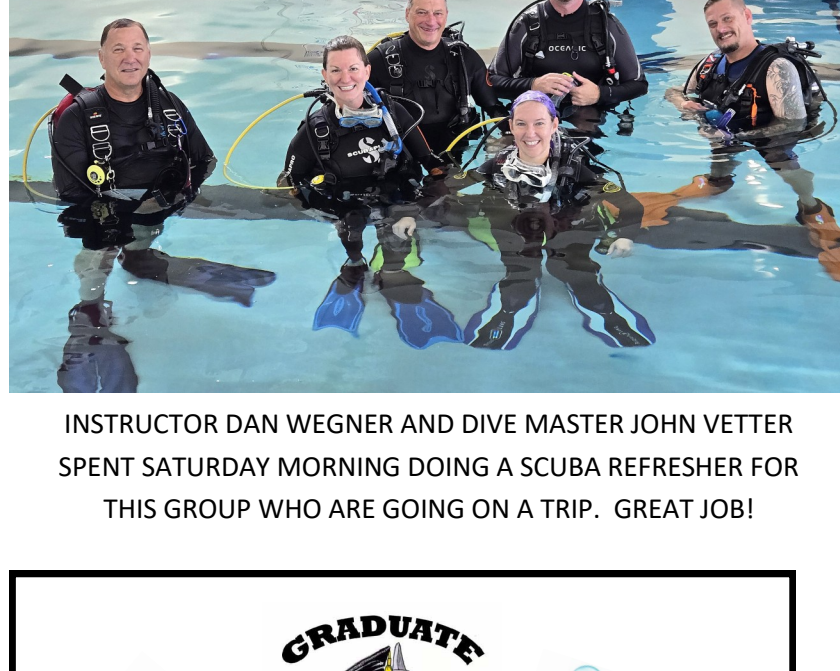
12959 East 21st Street North  
Wichita, KS 67230  
316-775-6688



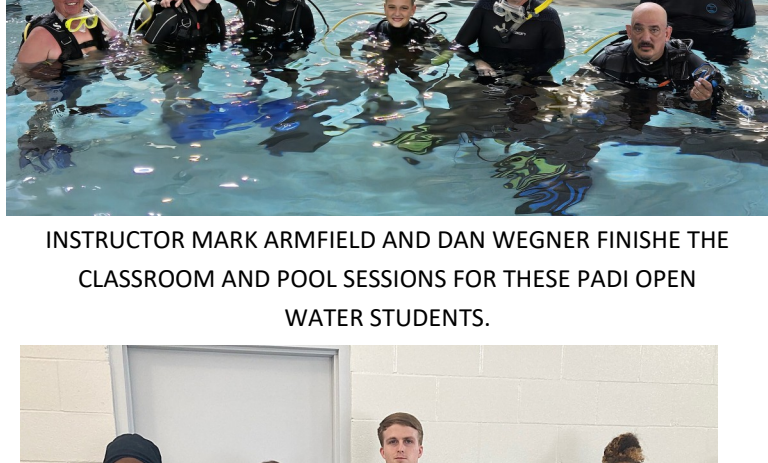
**Wichita CPR Training**  
Provided by Amber Waves Diving Company

## WHERE THE PRAIRIE MEETS THE SEA

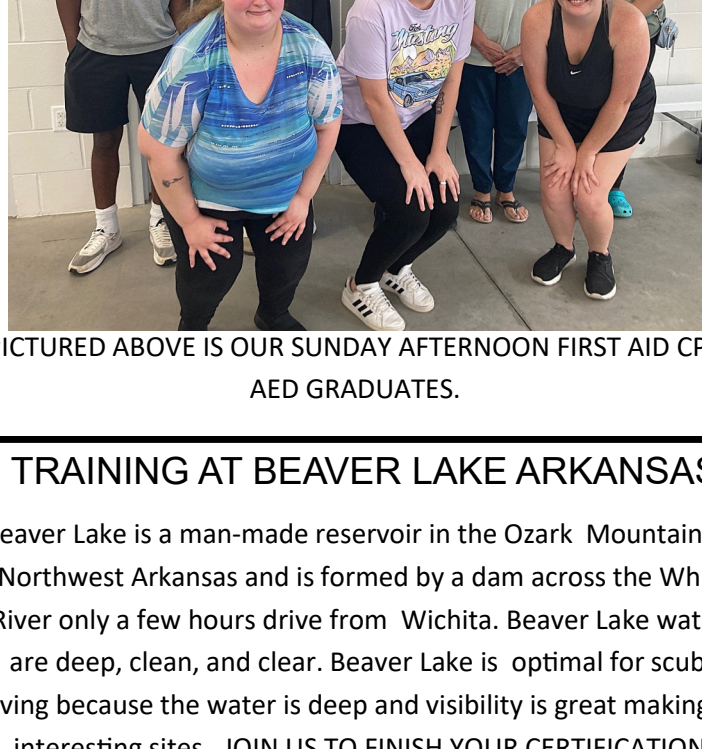
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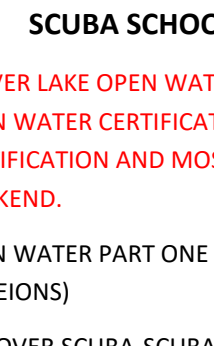
INSTRUCTOR DAN WEGNER AND DIVE MASTER JOHN VETTER SPENT SATURDAY MORNING DOING A SCUBA REFRESHER FOR THIS GROUP WHO ARE GOING ON A TRIP. GREAT JOB!



INSTRUCTOR MARK ARMFIELD AND DAN WEGNER FINISH THE CLASSROOM AND POOL SESSIONS FOR THESE PADI OPEN WATER STUDENTS.



PICTURED ABOVE IS OUR SUNDAY AFTERNOON FIRST AID CPR AED GRADUATES.



### SCUBA SCHOOL

OCT 3-5	BEAVER LAKE OPEN WATER TRIP. FINISH YOUR OPEN WATER CERTIFICATION, YOUR ADVANCED CERTIFICATION AND MOST SPECIALTIES ON THIS WEEKEND.
OCT 10-12	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
OCT 11	DISCOVER SCUBA-SCUBA REVIEWS-OR FUN DIVE (NOON-3PM)
OCT 12	OPEN POOL DIVE (2-4 PM)
OCT 17-19	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
OCT 18	DISCOVER SCUBA-SCUBA REVIEWS-OR FUN DIVE (NOON-3PM)
OCT 19	OPEN POOL DIVE (2-4 PM)
OCT 24-26	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
OCT 25	DISCOVER SCUBA-SCUBA REVIEWS-OR FUN DIVE (NOON-3PM)
OCT 26	OPEN POOL DIVE (2-4 PM)
NOV 3-5	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
NOV 4	DISCOVER SCUBA-SCUBA REVIEWS-OR FUN DIVE (NOON-3PM)
NOV 5	OPEN POOL DIVE (2-4 PM)
NOV 10-12	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
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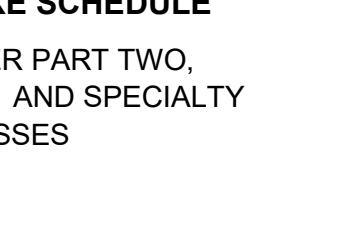
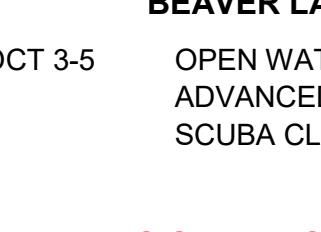
**MAKE EVERY WEEKEND A DIVE WEEKEND**

### TRAINING AT BEAVER LAKE ARKANSAS

Beaver Lake is a man-made reservoir in the Ozark Mountains of Northwest Arkansas and is formed by a dam across the White River only a few hours drive from Wichita. Beaver Lake waters are deep, clean, and clear. Beaver Lake is optimal for scuba diving because the water is deep and visibility is great making for interesting sites. JOIN US TO FINISH YOUR CERTIFICATION!



COME JOIN US FOR A WEEKEND OF FUN  
MAKE PLAN NOW



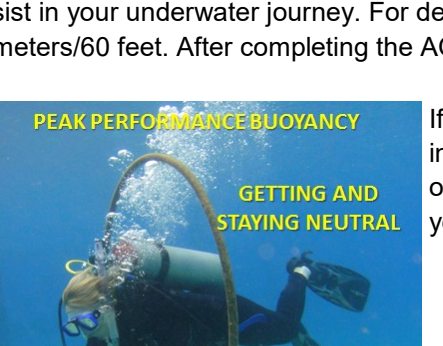
### BEAVER LAKE SCHEDULE

OCT 3-5 OPEN WATER PART TWO, ADVANCED, AND SPECIALTY SCUBA CLASSES

**SIGN UP NOW 316-775-6688**

### ADVANCED OPEN WATER COURSE

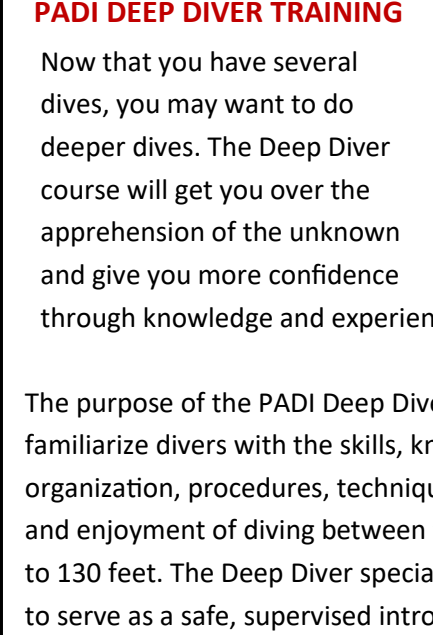
The Advanced Open Water Diver Course (AOW) is the next step in learning advanced skills directly applicable to scuba diving. Frequently, an AOW card is just the ticket to diving at a variety of more sites. For example, we know of several places in the Philippines, Malaysia, Australia, and some wreck sites in Florida who will not let you dive at certain, more advanced sites, unless you have the AOW or above certification. The reason is that the operators don't want to risk putting OW divers into certain advanced level dive conditions such as currents or deep, blue water, environments. They know that PADI AOW certified divers have the skills and experience necessary for such sites.



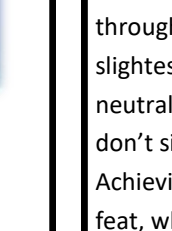
There are a total of 5 dives necessary to complete the course. The required 2 Core dives are Deep and Underwater Navigation. You can choose the remaining 3 Adventure Dives. This course is for newly certified divers as well as divers with more experience who wish to expand their knowledge and practical skills. Also, if you don't have enough time to complete the full AOW course, the Adventure Diver rating is awarded after completion after any 3 Adventure Dives.

### Why should you take the Advanced Open Water Course?

Open Water Divers have learned the basics, the "how" of diving. After a few dives, there is a need to expand that dive knowledge and learn practical skills which can increase your enjoyment of diving. Ever surface far away from the boat and have a long surface swim back? With the Navigation dive, you will learn how to prevent that situation, using compass as well as natural navigational aids to assist in your underwater journey. For deep diving, there are special concerns, and as an Open Water Diver, you are certified to dive 18 meters/60 feet. After completing the AOW course, that level is extended to 30 meters/100 feet.



If you really want to advance your skills and be more comfortable in the water, taking this course is the way to do it. We have openings for the Beaver lake trip. Give us a call and schedule your course today!



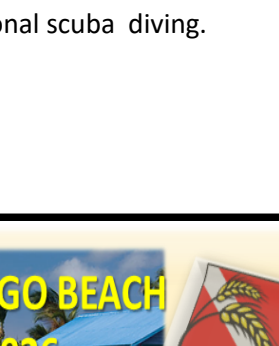
LEARN MORE HERE



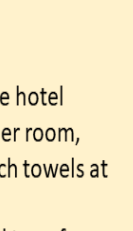
EXPERIENCE A DIFFERENT KIND OF NIGHT LIFE

### PADI DEEP DIVER TRAINING

Now that you have several dives, you may want to do deeper dives. The Deep Diver course will get you over the apprehension of the unknown and give you more confidence through knowledge and experience.

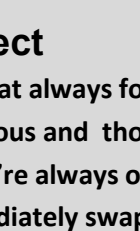


The purpose of the PADI Deep Diver Specialty Course is to familiarize divers with the skills, knowledge, planning, organization, procedures, techniques, problems, hazards and enjoyment of diving between the depths of 60 feet to 130 feet. The Deep Diver specialty course is intended to serve as a safe, supervised introduction to deeper diving within the limits of recreational scuba diving.



### PADI PEAK PERFORMANCE BUOYANCY SPECIALTY COURSE

You've all seen those divers. You know – the ones who seem to move through the water without the slightest effort. Those scuba divers are neutrally buoyant, which means they don't sink or float while diving. Achieving neutral buoyancy is no easy feat, which is why divers who have mastered the skill stand apart from the others. If you want to become neutrally buoyant and become a better scuba diver, take the PADI Peak Performance Buoyancy specialty course.



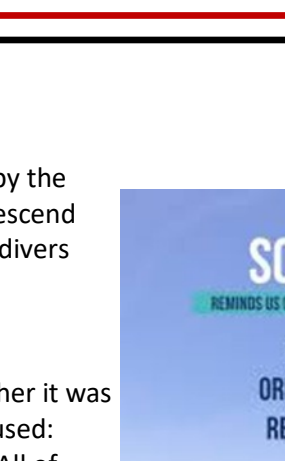
**AMBER WAVES DIVING REPAIR CENTER**

Properly functioning gear is crucial  
Your safety depends on it. That's why we are the best technicians in the business to service your gear.

**What to expect**

We are certified technicians that always follow manufacturer guidelines. Conscientious and thorough, we examine every part of your gear. We're always on the lookout for wear and corrosion, immediately swapping out anything worn or damaged. We want your next dive to be your best dive!

### This is Bonaire - Pride of the Dutch Caribbean



### DESCENDING AND ASCENDING

Descending and ascending are often overlooked as critical diving skills, usually outshone by the need for perfect trim and buoyancy once the dive is underway. However, being able to descend and ascend slowly and safely, while maintaining good positioning, is something that new divers can struggle with, and should be practiced just like any other skill.

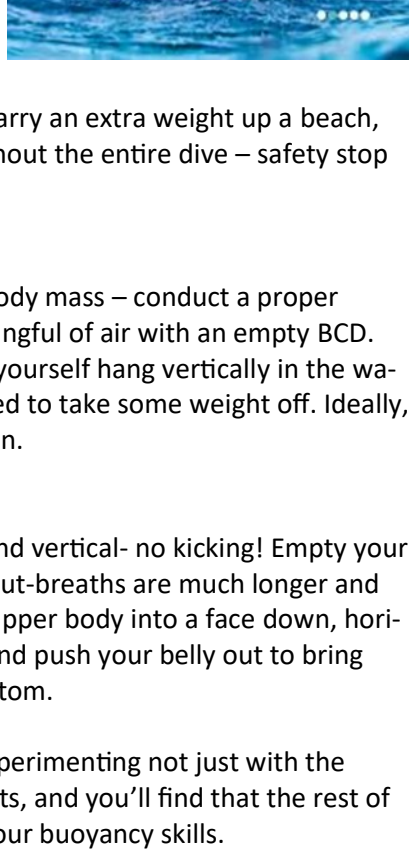
**Take note**  
Use your logbook to keep track of how much weight you're using on each dive, and whether it was salt or freshwater. It will also help to keep an exact record of the kind of equipment you used: steel or aluminum tank? What size of tank? Short or long wetsuit? 3mm, 5mm, or 7mm? All of these things contribute to accurately estimating the amount of lead you'll need on your next dive. Make sure you're writing down as many details as you can, as this will help you and your next dive professional to add or subtract some weight based on your previous dives.

**Aim low**  
Many divers don't realize that it should actually be an effort to get down. If you're dropping like a lead balloon on your descents, chances are you're over weighted. It's always good to carry as little weight as possible, particularly for shore dives or challenging diving environments (who wants to carry an extra weight up a beach, when they could be carrying less?) Descending slowly and then maintaining your buoyancy throughout the entire dive – safety stop and all – are serious skills to master, but once you have, you'll find yourself shedding the pounds.

**Conduct a proper weight check**  
If anything has changed since your last dive – such as diving environment, exposure suit, or even body mass – conduct a proper weight check before your dive. Properly weighted, you should float at eye level holding a normal lungful of air with an empty BCD. Take care not to kick or scull while you do your check; this will only keep you near the surface. Let yourself hang vertically in the water column with minimal movement, and then exhale fully. If you drop like a sack of bricks, you need to take some weight off. Ideally, you'll start to sink slowly, moving yourself from time to time to equalize early and often on the way down.

**Control your descent**  
Your descent should look similar to your weight check as you fully deflate your BCD and hold still and vertical- no kicking! Empty your lungs completely. Make any inhaled as small as possible, and emphasize the exhalations, so that your out-breaths are much longer and stronger than yours take in. As you feel yourself start to freefall, use your abs to bring your upper body into a face down, horizontal position so that the weight of the tank can't pull you over backwards. Squeeze your glutes and push your belly out to bring your hips and legs up behind you, and add some air back into your BCD to avoid contacting the bottom.

It takes time in the water to really get comfortable and realize what works for you, so it's worth experimenting not just with the amount of weight you carry, but how you carry it too. Take time to get good at ascents and descents, and you'll find that the rest of your dive gets easier too! Take the PADI **Peak Performance Buoyancy course** to further improve your buoyancy skills.



The Apeks XT50 Regulator is what you're looking for in a top of the line regulator, at a reasonable price. The Apeks XT50 is designed to handle every diving condition you could put it through. It can even be changed from right hand to left hand use, by an authorized technician. You can change out the exhaust tee from a wider tee for minimal bubbles, great for photography, or a more narrow exhaust tee for a smaller more compact regulator. Apeks XT50 features:

- An over balanced diaphragm design first stage that is environmentally sealed
- Four medium pressure ports, with optional fifth
- Easily convert from right hand to left hand, by factory authorized technician
- Pneumatically balanced second stage
- Diver changeable exhaust tee
- Nitrox compatible

\$649.00

**SCUBAPRO MK19 EVO/G260 REGULATOR**

The MK19 EVO/G260 REGULATOR IS PERFECT FOR ANY CONDITIONS, ESPECIALLY THOSE WHO DIVE DEEP, IN COLD WATER, OR IN SILTY ENVIRONMENTS. THIS SYSTEM IS IDEAL FOR HARSH CONDITIONS, MAKING IT A TOP CHOICE FOR TECH DIVERS AND CAVE EXPLORERS. THE COMPACT MK19 EVO IS FULLY SEALED, ENSURING TROUBLE-FREE OPERATION IN COLD OR MURKY WATERS. THE G260 IS A HIGHLY IMITATED AIR-BALANCED SECOND STAGE WITH METAL COMPONENTS AND A LEFT-RIGHT HOSE ATTACHMENT OPTION, MAKING IT EXCELLENT FOR TECH DIVING SETUPS AND A CONSISTENT TOP PERFORMER.

**Scubapro MK11/C370 Regulator**

The Mk11 First Stage Regulator is the perfect choice for the recreational diver who wants the advantage of a diaphragm first stage for use in temperate waters. Diaphragm-based first stages are environmentally sealed so that water cannot enter the inner mechanism.

**PRICED RIGHT AT \$719.00**

**AQUA LUNG**  
\$879.00  
Aqua Lung Leg3rd Regulator  
AQUA LUNG

A TEACHER TOLD ME NOT TO WORRY ABOUT SPELLING BECAUSE IN THE FUTURE THERE WILL SOMETHING CALLED AUTOCORRECT, FOR WHICH I AM ETERNALLY GRAPEFRUIT

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