

MASTER STEVE ATKINSON FOR PROVIDING A SAFE AND FUN EXPERIENCE FOR THESE YOUNG PEOPLE



There are numerous reasons why people don't take First Aid training programs; They are too busy

They don't know where to go



GRADUATES

They think that they already have enough knowledge, or They think that accidents happen to other people not to them or their

friends, family and colleagues.

Ask any individual who has taken a first aid training program if it was worth it and their answer will be "Yes!" Having some basic first aid knowledge is

essential and here are 5 reasons why. It does more than help save lives.

person's recovery time and make the difference between the patient having a temporary or long term disability. You'll learn how to remain calm in emergency situations and you'll learn simple acronyms to help you recall the steps you need to take. First aid training will make you

It's true that having first aid training undoubtedly helps save lives. That's not all though; giving appropriate first aid immediately can help to reduce a

confident and comfortable and therefore more effective and in control when you need to be. It enables you to increase patient comfort.

Not all accidents, injuries or illnesses require a trip to the hospital but it doesn't mean they don't cause pain and suffering to the patient. A child crying because of a bruised elbow or with a fever is in pain and is suffering. By knowing how to act – even just by

employing simple techniques such as applying an ice pack correctly, or utilizing appropriate bandaging, you'll help to relieve their discomfort. You'll also provide emotional support by remaining calm and collected which will make them feel more secure and reduce their anxiety levels.

In some situations if a patient doesn't receive basic first aid care immediately their situation will deteriorate – often rapidly. By being able to provide basic care you can stabilize a patient until emergency medical services arrives. You'll learn how to use basic

You'll also be trained in how to collect information and data about what happened and the patients' condition. This information will

household items as tools if a first aid kit is not available meaning that you'll be able to cope with many situations.

be passed on to the emergency services, which saves them time – you will be a valuable link in the chain of survival.

It creates the confidence to care.

It gives you tools to prevent the situation from becoming worse.

Having a basic first aid knowledge means that you'll be confident in your skills and abilities in relation to first aid administration. By taking first aid training, it helps you to reflect on yourself and how you and others react in certain situations. Having this understanding will boost your confidence in a wide range of non-medical day to day situations. It encourages healthy and safe living.

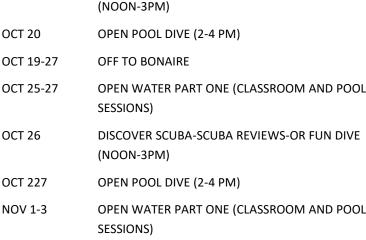
One of the first things you will learn during your first aid training is that you must look after yourself and ensure your own safety as a priority. It's not being selfish, it's being practical. Keeping yourself safe means you are in a position to help others rather than

needing help yourself. You will also learn about the importance of healthy living and how lifestyle habits and choices can increase or decrease your risks of developing problems such as coronary heart disease. Having this knowledge makes you more aware of your

own health and alert to potential hazards posed by your surroundings.

The Emergency First Response Secondary Care program provides comprehensive first aid training which will prepare you for a wide range of situations and give you the confidence and knowledge of how to deal with them quickly, correctly and efficiently. Our sister company WICHITApcrTRAINING not only offers EFR Certification but we also offer certifications in American Heart Association, Red Cross, and American Safety and Health Institute. We not only train SCUBA divers, but a host of other users such as health care providers (BLS), day care providers, personal trainers, corporate organizations, and many others. Call to sign up for a course.

SATURDAY OCTOBER 19, 2024 Why PADI Scuba Review? Are you a certified diver, but haven't been in the water lately? Are you looking to refresh your dive skills and knowledge? Are you a PADI Scuba Diver and want to earn your PADI Open Water Diver certification? If you answered yes to any of these questions then



SESSIONS)

SCUBA SCHOOL

OPEN WATER PART ONE (CLASSROOM AND POOL

DISCOVER SCUBA-SCUBA REVIEWS-OR FUN DIVE

OCT 18-20

OCT 19

NOV 2

NOV 8-10

NOV 22-24

NOV 29-DEC 1

NOV9

OPEN WATER PART ONE (CLASSROOM AND POOL

(NOON-3PM) NOV 3 OPEN POOL DIVE (2-4 PM)

SESSIONS)

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DISCOVER SCUBA-SCUBA REVIEWS-OR FUN DIVE

OPEN WATER PART ONE (CLASSROOM AND POOL

DISCOVER SCUBA-SCUBA REVIEWS-OR FUN DIVE

OPEN WATER PART ONE (CLASSROOM AND POOL

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(NOON-3PM) NOV 10 OPEN POOL DIVE (2-4 PM) NOV 15-17 OPEN WATER PART ONE (CLASSROOM AND POOL

NOV 16 DISCOVER SCUBA-SCUBA REVIEWS-OR FUN DIVE (NOON-3PM) NOV 17 OPEN POOL DIVE (2-4 PM)

NOV 23 DISCOVER SCUBA-SCUBA REVIEWS-OR FUN DIVE (NOON-3PM) NOV 24 OPEN POOL DIVE (2-4 PM)

NOV 30 DISCOVER SCUBA-SCUBA REVIEWS-OR FUN DIVE (NOON-3PM) DEC 1 OPEN POOL DIVE (2-4 PM)

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UST CALL AND SCHEDULE YOUR CLASS

The Mk11 First Stage Regulator is the perfect choice for the recreational diver who wants the advantage of a diaphragm first stage for use in temperate

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that water cannot enter the inner mechanism. This first stage comes

standard with the Thermal Insulating System (TIS), which keeps your

first stage from freezing up and malfunctioning in cold water condi-

tions. Additionally, its over-balanced diaphragm first stage design gives

you better breathing performance at greater depths.

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Suunto Ocean Wrist Computer with Charging Cable Discover the unmatched versatility of the

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genius...

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EVERYTHING YOU'D EVER WANT IN A REGULATOR

Suunto Ocean Watch

A perfect blend of a True Dive Computer

and a True Sports Watch. Engineered for

reliability and accuracy

... but his brother Frank was a monster.



AQUA LUNG

First, you'll review the safety information you learned during your initial training. Then, you head to the pool to practice some of the fundamental scuba skills

PADI DISCOVER SCUBA

SCUBA REVIEW—OR JUST COME AND PLAY

AMBER WAVES DIVING AQUATIC CENTER POOL

What will I need? If you don't have your own gear you will need to rent gear. I don't want a review, but I want to play? No problem, Just sign up and come play in the pool for a couple

\$100.00 for a Refresher (includes instructor fee, gear rental

Just want to play but you don't have gear \$25.00 pool fee and Full gear rental 50% off. Total \$50 plus tax Have all your gear but just want to play? \$25.00 plus tank and weight rental (we don't allow personal tanks in the pool).

and pool fee)

of hours....we want you diving!

PADI Scuba Review is for you.

What do I need to start?

Hold a scuba certification

How long will it take? A couple of hours

What will I do?

Minimum age: 10 years old

CALL TO RESERVE YOUR SPOT

STARTS AT NOON

Emergency First Responder, American Heart Association, American Safety and Health Institute, and the National Safety Council. Our Instructors have real world experience in providing first aid care and will provide you a 'real life' training experience. We also sell every brand of AEDs.

Call 316-775-6688 to schedule your class AMBER WAVES DIVING REPAIR CENTER

Properly functioning gear is crucial

lookout for wear and corrosion, immediately swapping out anything worn or damaged. We want your next dive to



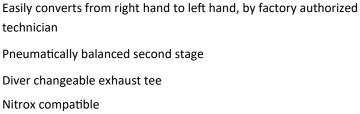


while giving a performance boost at depth.

SCUBAPRO MK19 EVO/G260 REGULATOR THE MK19 EVO/G260 REGULATOR

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The Apeks XTX50 Regulator is what you're looking for in a top of the line regulator, at a reasonable price. The Apeks XTX50 is designed to handle every diving condition you could put it through. It can even be changed from right hand to left hand use, by an authorized technician. You can change out the exhaust tee from a wider tee for minimal bubbles, great for photog-



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Wichita CPR Training Provided by Amber Waves Diving Company

WICHITAcprTRAINING Center can provide you training in

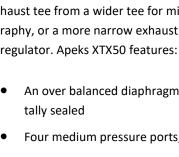
Your safety depends on it. That's why we are the best technicians in the business to service your gear. What to expect We are certified technicians that always follow manufacturer guidelines. Conscientious and thorough, we examine every part of your gear. We're always on the

IS PERFECT FOR ANY CONDITIONS, ESPECIALLY THOSE WHO

COMPONENTS AND A LEFT-RIGHT HOSE ATTACHMENT OPTION,

MAKING IT EXCELLENT FOR TECH DIVING SETUPS AND A

venturi lever that prevents unwanted free-flow at the surface



CONSISTENT TOP PERFORMER.

One big difference between men and women

be your best dive! AQUA 🕗 LUNG lator features a balanced diaphragm first stage that provides superior, consistent performance and a pneumaticallybalanced second stage that results in smooth, easy breathing. The T-shape of the first stage optimizes the location of the four low-pressure (LP) ports and two high-pressure (HP) ports, while the in-line ergonomic Venturi knob allows for precise adjustments even while wearing gloves. The Helix Core is compatible with EAN 40 new, out of the box, and features an easy-to-grip

BUY A HELIX REGULATOR AND GET A MATCHING

DIVE DEEP, IN COLD WATER, OR IN SILTY ENVIRONMENTS. THIS SYSTEM IS IDEAL FOR HARSH CONDITIONS, MAKING IT A TOP CHOICE FOR TECH DIVERS AND CAVE EXPLORERS. THE COM-PACT MK19 EVO IS FULLY SEALED. ENSURING TROUBLE-FREE OPERATION IN COLD OR MURKY WATERS. THE G260 IS A HIGHLY IMITATED AIR-BALANCED SECOND STAGE WITH METAL

raphy, or a more narrow exhaust tee for a smaller more compact An over balanced diaphragm design first stage that is environmen-Four medium pressure ports, with optional fifth

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is that if a woman

says "Smell this",

it usually smells nice.