



Amber Waves DIVING COMPANY™

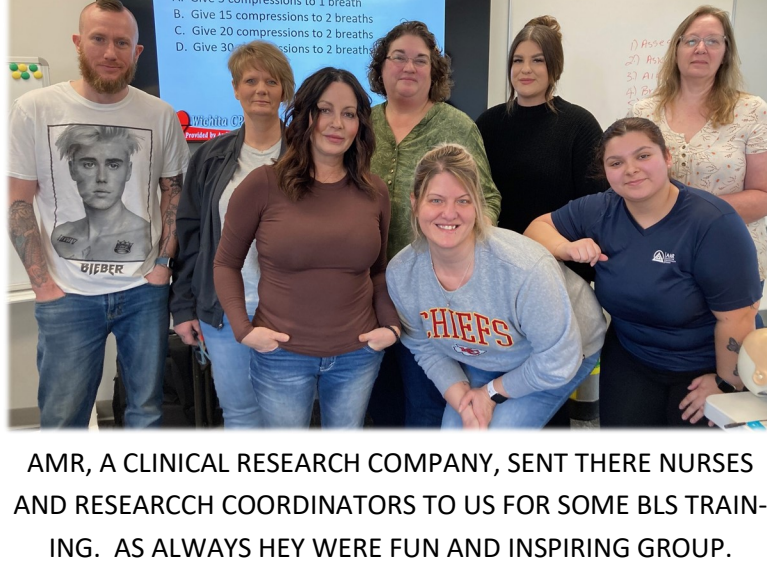
12959 E. 21st Street North
Wichita, KS 67230



Wichita CPR Training
Provided by Amber Waves Diving Company

WHERE THE PRAIRIE MEETS THE SEA

To unsubscribe click here



AMR, A CLINICAL RESEARCH COMPANY, SENT THERE NURSES AND RESEARCH COORDINATORS TO US FOR SOME BLS TRAINING. AS ALWAYS THEY WERE FUN AND INSPIRING GROUP.



PICTURED ABOVE IS OUR SUNDAY FIRST AID TRAINING GRADUATES. A VERY FUN GROUP.



THIS WAS A VERY BUSY SCUBA WEEKEND. THANKS TO IDC STAFF INSTRUCTORS JENNIFER FRITZ AND MICHAEL JERNIGAN ALONG WITH DIVE MASTER JAMES PHILLIPS AND RON AND KRISTINA SEBOR FOR MAKING SURE EVERYONE WERE SAFE AND HAD FUN.

Wichita CPR Training

WICHITACPR TRAINING Center can provide you training in Emergency First Responder, American Heart Association, American Safety and Health Institute, and the National Safety Council. Our instructors have real world experience in providing first aid care and will provide you a 'real life' training experience. We also sell every brand of AEDs.



Call 316-775-6688 to schedule your class

Once Again, We're Diving You Crazy!

Join us June 8-15 2024 in Belize
Sunbreeze Hotel in Ambergris Caye.

Diver Double Occupancy	\$2,642*
Diver Single Occupancy	\$3,292*
Non-Diver Sharing with Diver	\$2,229*

Package Includes:

- All roundtrip airfare
- 7 nights deluxe accommodation
- Room tax and service charge
- 3 days of 2 tank local boat dives
- 2 days of 3 tank local boat dives
- American breakfast daily

Package Excludes:

- Blue Hole Excursion
- Departure tax due upon departure
- Meals & Beverages not mentioned
- Additional Dives
- Personal dive equipment
- Gratuities
- Travel & Dive Insurance

\$500 non-refundable deposit will reserve your space.
*Prices based on cash payment, add 4% for credit card.

PADI DISCOVER SCUBA

SCUBA REVIEW—OR JUST COME AND PLAY

AMBER WAVES DIVING AQUATIC CENTER POOL

SATURDAY MARCH 2, 2024

Why PADI Scuba Review?
Are you a certified diver, but haven't been in the water lately? Are you looking to refresh your dive skills and knowledge? Are you a PADI Scuba Diver and want to earn your PADI Open Water Diver certification? If you answered yes to any of these questions then PADI Scuba Review is for you.

What do I need to start?
Hold a scuba certification
Minimum age: 10 years old

What will I do?
First, you'll review the safety information you learned during your initial training. Then, you head to the pool to practice some of the fundamental scuba skills

How long will it take?
A couple of hours

What will I need?
If you don't have your own gear you will need to rent gear.

I don't want a review, but I want to play?

No problem, Just sign up and come play in the pool for a couple of hours....we want you diving!

- \$100.00 for a Refresher (includes instructor fee, gear rental and pool fee)
- Just want to play but you don't have gear \$25.00 pool fee and Full gear rental 50% off. Total \$50 plus tax
- Have all your gear but just want to play? \$25.00 plus tank and weight rental (we don't allow personal tanks in the pool).

STARTS AT NOON



WELCOME BACK! OUR TRIP TO ROATAN WAS A GREAT SUCCESS. THANKS INSTRUCTOR NEIL GARRETT AND DIVE MASTER MARK.

Want an Easy Specialty...to start your way towards becoming an Advanced or Master Suba Diver?

WE JUST MADE IT EASIER!!!

PADI ENRICHED AIR SPECIALISTS

No Diving is Required...just sit back in a warm classroom and get your specialty. You will need to come in and pick up your learning materials so that you have your independent study done in time for class. Call today to reserve your spot.

EXTEND YOUR DIVING TIME

BECOME A PADI ENRICHED AIR DIVER

PADI
padi.com

WHY DIVE NITROX?

- Longer Bottom Times:** Recreational nitrox (21 - 40% oxygen) contains a lower percentage of nitrogen than air. The reduced percentage of nitrogen in recreational nitrox allows divers to extend their no-decompression limits (or dive time) by reducing nitrogen absorption – the less nitrogen there is in a diver's breathing gas, the slower his nitrogen absorption will be at a given depth. For example, according to the NOAA (National Oceanographic and Atmospheric Association) no-decompression dive tables, a diver using Nitrox 36 (or NOAA Nitrox II) may stay up to 50 minutes at 90 feet of sea water, while a diver using air may only stay a maximum of 30 minutes at this depth.
- Shorter Surface Intervals:** A diver using nitrox absorbs less nitrogen for a given depth and dive time than a diver using air. This means that the nitrox will have a longer allowable bottom time on a repetitive dive than a diver using air because the diver using nitrox has absorbed less nitrogen. For example, after a dive to 70 feet for 30 minutes, a diver using Nitrox 32 can stay at 70 feet for a maximum of 24 minutes if he immediately reenters the water. However, a diver performing the same series of dives on air may only stay at 70 feet for 19 minutes on his second dive (according to NOAA's no decompression dive tables).
- Longer Repetitive Dive Times:** Nitrox becomes especially useful for divers who engage in more than one dive per a day. A diver using nitrox will have a longer allowable bottom time on a repetitive dive than a diver using air because the diver using nitrox has absorbed less nitrogen. For example, after a dive to 70 feet for 30 minutes, a diver using Nitrox 32 can stay at 70 feet for a maximum of 24 minutes if he immediately reenters the water. However, a diver performing the same series of dives on air may only stay at 70 feet for 19 minutes on his second dive (according to NOAA's no decompression dive tables).
- Reduced Exhaustion:** Many divers claim to feel less exhausted after a dive on nitrox than after a comparable dive on air. By reducing a diver's nitrogen absorption, nitrox may also reduce a diver's post-dive exhaustion.
- Shorter Decompression:** Technical divers use nitrox to reduce decompression requirements. If nitrox is used throughout the dive, the diver may require shorter or fewer decompression stops. If nitrox is used as a decompression gas (the diver only breathes nitrox during the decompression steps), the decompression steps will be shorter.

WE WORK WITH YOUR SCHEDULE

Apeks AQUA LUNG

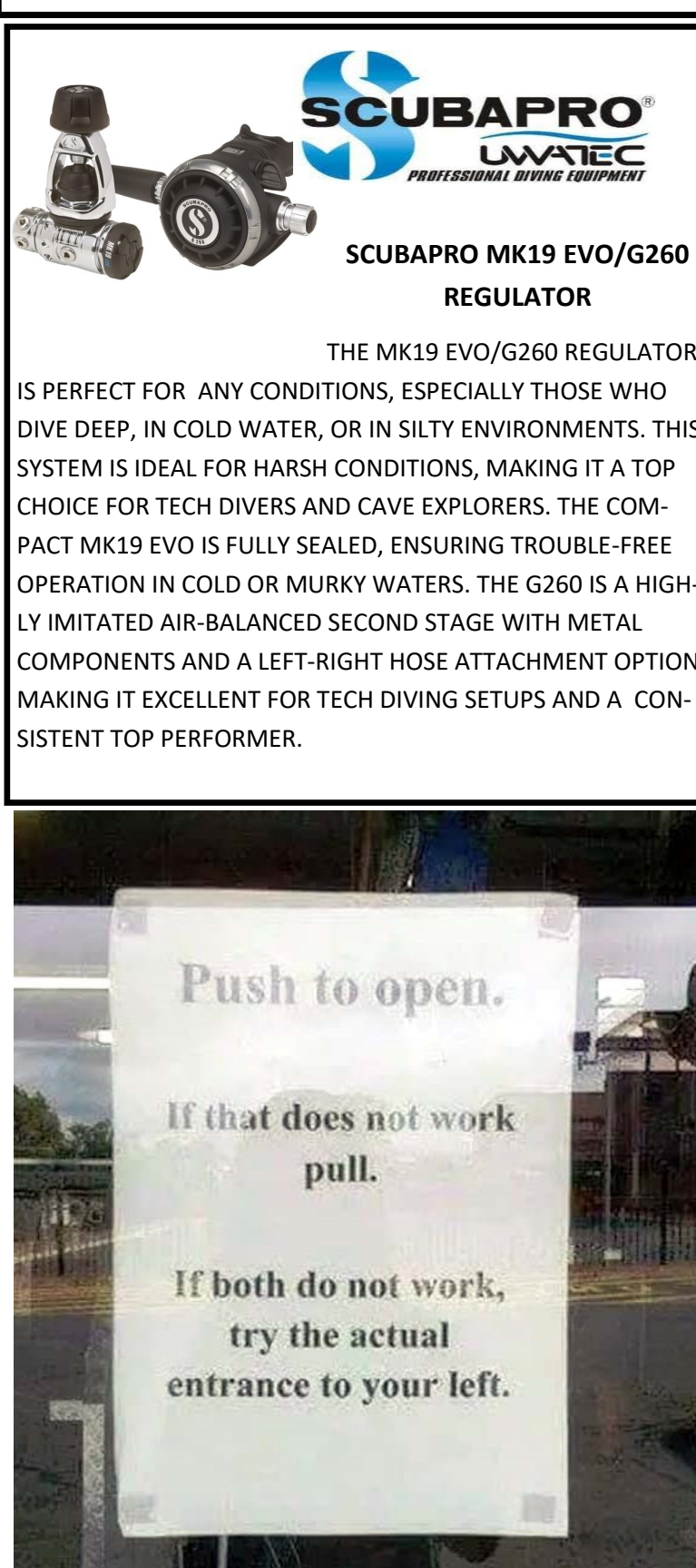
The Apeks XT50 Regulator is what you're looking for in a top of the line regulator, at a reasonable price. The Apeks XT50 is designed to handle every diving condition you could put it through. It can even be changed from right hand to left hand use, by an authorized technician. You can choose out the exhaust tee from a wider tee for minimal bubbles, great for photography, or a more narrow exhaust tee for a smaller more compact regulator. Apeks XT50 features:

- An over balanced diaphragm design first stage that is environmentally sealed
- Four medium pressure ports, with optional fifth
- Easily converts from right hand to left hand, by factory authorized technician
- Pneumatically balanced second stage
- Diver changeable exhaust tee
- Nitrox compatible

\$720.00

SCUBAPRO MK19 EVO/G260 REGULATOR

THE MK19 EVO/G260 REGULATOR IS PERFECT FOR ANY CONDITIONS, ESPECIALLY THOSE WHO DIVE DEEP, IN COLD WATER, OR IN SILTY ENVIRONMENTS. THIS SYSTEM IS IDEAL FOR HARSH CONDITIONS, MAKING IT A TOP CHOICE FOR TECH DIVERS AND CAVE EXPLORERS. THE COMPACT MK19 EVO IS FULLY SEALED, ENSURING TROUBLE-FREE OPERATION IN COLD OR MURKY WATERS. THE G260 IS A HIGHLY IMITATED AIR-BALANCED SECOND STAGE WITH METAL COMPONENTS AND A LEFT-RIGHT HOSE ATTACHMENT, MAKING IT EXCELLENT FOR TECH DIVER SETUPS AND A CONSISTENT TOP PERFORMER.



SCUBA SCHOOL

MARCH 1-3	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
MARCH 2	DISCOVER SCUBA-SCUBA REVIEWS-OR FUN DIVE (NOON-3PM)
MARCH 3	OPEN POOL DIVE (2-4 PM)
MARCH 3	FIRST CLASS
MARCH 8-10	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
MARCH 9	DISCOVER SCUBA-SCUBA REVIEWS-OR FUN DIVE (NOON-3PM)
MARCH 10	OPEN POOL DIVE (2-4 PM)
MARCH 10	FIRST AID CLASS
MAR 15-17	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
MAR 16	DISCOVER SCUBA-SCUBA REVIEWS-OR FUN DIVE (NOON-3PM)
MAR 17	OPEN POOL DIVE (2-4 PM)
MAR 17	FIRST AID CLASS
MAR 22-24	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
MAR 23	DISCOVER SCUBA-SCUBA REVIEWS-OR FUN DIVE (NOON-3PM)
MAR 24	OPEN POOL DIVE (2-4 PM)
MAR 24	FIRST AID CLASS
MAR 29- 31	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
MAR 30	DISCOVER SCUBA-SCUBA REVIEWS-OR FUN DIVE (NOON-3PM)
MAR 31	OPEN POOL DIVE (2-4 PM)
MAR 31	FIRST AID CLASS
APR 5-7	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
APR 6	DISCOVER SCUBA-SCUBA REVIEWS-OR FUN DIVE (NOON-3PM)
APR 7	OPEN POOL DIVE (2-4 PM)
APR 12-14	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
APR 13	DISCOVER SCUBA-SCUBA REVIEWS-OR FUN DIVE (NOON-3PM)
APR 14	OPEN POOL DIVE (2-4 PM)
APR 19-21	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
APR 20	DISCOVER SCUBA-SCUBA REVIEWS-OR FUN DIVE (NOON-3PM)
APR 21	OPEN POOL DIVE (2-4 PM)
APR 26-28	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
APR 27	DISCOVER SCUBA-SCUBA REVIEWS-OR FUN DIVE (NOON-3PM)
APR 28	OPEN POOL DIVE (2-4 PM)

MAKE EVERY WEEKEND A DIVE WEEKEND

GRADUATE

STARFISH SWIM SCHOOL

The Starfish Swim School® Family of Brands

OUR SWIM SCHOOL IS NOW OPEN. WE ARE TAKING STUDENTS FOR THE JANUARY AND FEBRUARY CLASSES.

Curriculum

The innovative and learner-focused curriculum uses an "ages and stages" format so that you can offer swim lessons across the lifespan to a broad range of interests. You choose the programs to offer that are best suited to your situation and needs.

The Starfish Swim School program for pre-school, youth and adult students develops a foundation of swimming and safety skills with a focus on self-rescue: trust and submersion body positions and air recovery (includes rollover to back for air recovery) forward movement and direction change rotary movement (transitions from rollover to side position for air recovery) integrated movement age-appropriate safety skills such as asking permission, wearing a lifejacket, using flotation to make an assist, treading water, and survival float.

The Starfish Stroke School for youth and adult students develops effective swim technique and endurance for:

- Freestyle
- Backstroke
- Butterfly
- Breaststroke

Star Fun & Fitness provides eight different activity templates for scouts, homeschoolers, birthday parties, camps, after-school care, and school groups. The activities range from water safety through fitness training - with everything aquatic in between! There is also a water safety classroom presentation for outreach efforts.

Safety Training and Aquatic Rescue (STAR) is a practical and effective community water safety course that can be customized to the needs of the audience. The training is ideal training for parents/caregivers, child care personnel, foster families, and anyone who supervises or may have to help others in, on or near the water. STAR may be provided completely in person by your staff, or you can purchase online courses for distribution to your audience and provide an online or blended course.

We are working towards the goal of also being an "Aquatic-Fitness Center." We hope to offer water aerobics, water walking programs, arthritis aquatic exercise, along with many more similar programs.

SCUBA INSTRUCTOR AND DIVE MASTER

CLASSES ARE NOW FORMING

CALL 316-775-6688 FOR INFORMATION

Galileo PRO

AMBER WAVES DIVING REPAIR CENTER

Properly functioning gear is crucial Your safety depends on it. That's why we are the best technicians in the business to service your gear.

What to expect

We are certified technicians that always follow manufacturer guidelines. Conscientious and thorough, we examine every part of your gear. We're always on the lookout for wear and corrosion, immediately swapping out anything worn or damaged. We want your next dive to be your best dive!

AQUA LUNG

HELIX PRO REGULATOR \$649.00

This 2022 Aqualung presents us with the Helix, a mid-priced regulator, which enjoys very good performance, undoubtedly above expectations.

It represents the DNA of the Aqualung regulators. It is without Question the best option in terms of value for money currently available.

The Helix Pro version has two added features:

Aqualung's patented ACD system, technology that protects the first stage from accidental entry of water or dirt even when the regulator is not under pressure.

And sealed ambient pressure chamber, suitable for cold and/or polluted waters.

SHERWOOD SCUBA

WISDOM 3 COMPUTER

The new Wisdom 3 is an intuitive easy to use and operate with easy to read large digital display. The computer has diver selectable alarms, deep stop reminders, DECO warnings, and has Air, Nitrox and Gauge Modes.

RETAIL \$945 ...OUR PRICE \$825

Scubapro MK11/C370 Regulator

SCUBAPRO MK11/C370 REGULATOR

The MK11 First Stage Regulator is the perfect choice for the recreational diver who wants the advantage of a diaphragm first stage for use in temperate waters. Diaphragm-based first stages are environmentally sealed so that water cannot enter the inner mechanism. This first stage comes standard with the Thermal Insulating System (TIS), which keeps your first stage from freezing up and malfunctioning in cold water conditions. Additionally, its over-balanced diaphragm first stage design gives you better breathing performance at greater depths.

PRICED RIGHT AT \$643.00

SCUBAPRO

INTRODUCING THE NEW GALILEO 3 (G3) DIVE COMPUTER

Modern Watch Style Dive Computer. Classic Timepiece Look.

With a vibrant color display for easy readability, the SCUBAPRO Galileo 3 (G3) is a modern watch-style dive computer with a classic timepiece look. Utilizing Galileo's trusted menu design and four button control, it's extremely intuitive to navigate through dive modes, two algorithm choices, screen styles and other personalized dive management options.

Max Depth Heart Rate Surface Interval