



THANKS TO WENDY AND BLAINE GARRETT FOR HOSING A GREAT CLASSROOM AND POOL SESSION THIS WEEKEND.

PADI DISCOVER SCUBA SCUBA REVIEW—OR JUST COME AND PLAY AMBER WAVES DIVING AQUATIC CENTER POOL SATURDAY JANUARY 20, 2023

Why PADI Scuba Review?

Are you a certified diver, but haven't been in the water lately? Are you looking to refresh your dive skills and knowledge? Are you a PADI Scuba Diver and want to earn your PADI Open Water Diver certification? If you answered yes to any of these questions then PADI Scuba Review is for you.

What do I need to start?

Hold a scuba certification Minimum age: 10 years old

What will I do?

First, you'll review the safety information you learned during your initial training. Then, you head to the pool to practice some of the fundamental scuba skills

How long will it take? A couple of hours

What will I need?

If you don't have your own gear you will need to rent gear.

I don't want a review, but I want to play?

No problem, Just sign up and come play in the pool for a couple of hours....we want you diving!

- \$100.00 for a Refresher (includes instructor fee, gear rental and pool fee)
- Just want to play but you don't have gear \$25.00 pool fee and Full gear rental 50% off. Total \$50 plus tax
- Have all your gear but just want to play? \$25.00

STARTS AT NOON CALL TO RESERVE YOUR SPOT





SHARON AND BEN CAMPBELL ARE SIGNED UP FOR OUR ROATAN TRIP AND WANTED TO BE READY TO USE ENRICHED AIR.

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	SCHOOL OF SCURADCICAL SCIENCES	

SCUBA SCHOOL

JAN 19-21	OPEN WATER PART ONE CLASS
JAN 20	DISCOVER SCUBA, SCUBA REVIEW COURSE, OR JUST COME AND PLAY
JAN 21	FIRST AID TRAINING
JAN 26-28	OPEN WATER PART ONE CLASS
JAN 27	DISCOVER SCUBA, SCUBA REVIEW COURSE, OR JUST COME AND PLAY
FEB 2-4	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
FEB 3	DISCOVER SCUBA-SCUBA REVIEWS-OR FUN DIVE (NOON-3PM)
FEB 4	OPEN POOL DIVE (2-4 PM)
FEB 9-11	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
FEB 10	DISCOVER SCUBA-SCUBA REVIEWS- OR FUN DIVE (NOON-3PM)
FEB 11	OPEN POOL DIVE (2-4 PM)
FEB 16-18	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
FEB 17	DISCOVER SCUBA-SCUBA REVIEWS- OR FUN DIVE (NOON-3PM)
FEB 18	OPEN POOL DIVE (2-4 PM)
FEB 23-25	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)



Once Again, We're Diving You Crazy!

Join us June 8-15 2024 in Belize Sunbreeze Hotel in Ambergris Caye.

Diver Double Occupancy	\$2,642*
Diver Single Occupancy	\$3,292*
Non-Diver Sharing with Diver	\$2,229*

Package Includes:

- All roundtrip airfare
- 7 nights deluxe accommodation
- Room tax and service charge
- 3 days of 2 tank local boat dives
- 2 days of 3 tank local boat dives
- American breakfast daily

Package Excludes:

- Blue Hole Excursion
- Departure tax due upon departure
- Meals & Beverages not
- mentioned Additional Dives
- Personal dive equipment
- Gratuities
- Travel & Dive Insurance

\$500 non-refundable deposit will reserve your space. *Prices based on cash payment, add 4% for credit card.





OUR SWIM SCHOOL IS NOW OPEN. WE ARE TAKING STUDENTS FOR THE JANUARY AND FEBRUARY CLASSES.

Curriculum

The innovative and learner-focused curriculum uses an "ages and stages" format so that you can offer swim lessons across the lifespan to a broad range of interests. You choose the programs to offer that are best suited to your situation and needs.

The Starfish Swim School program for pre-school, youth and adult students develops a foundation of swimming and safety skills with a focus on self-rescue: trust and submersion body positions and air recovery (includes rollover to back for air recovery) forward movement and direction change rotary movement (transitions from rollover to side position for air recovery) integrated movement age-appropriate safety skills such as asking permission, wearing a lifejacket, using flotation to make an assist, treading water, and survival float.

FEB 24	DISCOVER SCUBA-SCUBA REVIEWS-OR FUN DIVE (NOON-3PM)
FEB 25	OPEN POOL DIVE (2-4 PM)
MARCH 1-3	OPEN WATER PART ONE (CLASSROOM AND POOL SESSIONS)
MARCH 2	DISCOVER SCUBA-SCUBA REVIEWS-OR FUN DIVE (NOON-3PM)
MARCH 3	OPEN POOL DIVE (2-4 PM)

MAKE EVERY WEEKEND A DIVE WEEKEND



HERE IS A NICE TRAVEL GUIDE VIDEO ABOUT AMBERGRIS-SAN PEDRO, BELIZE. THIS TRIP IS FILLING UP, SO DON'T WAIT!



WE HAD A GREAT FIRST AID CLASS SUNDAY.



SCUBA INSTRUCTOR AND DIVE MASTER **CLASSES ARE NOW** FORMING

CALL 316-775-6688 FOR INFORMATION





WICHITAcprTRAINING Center can provide you training in Emergency First Responder, American Heart Association, American Safety and Health Institute, and the National Safety Council. Our Instructors have real world experience in providing first aid care and will provide you a 'real life' training

experience. We also sell every brand of AEDs.

The Starfish Stroke School for youth and adult students develops effective swim technique and endurance for:

Freestyle

Backstroke

Butterfly

Breaststroke

Star Fun & Fitness provides eight different activity templates for scouts, homeschoolers, birthday parties, camps, afterschool care, and school groups. The activities range from water safety through fitness training - with everything aquatic in between! There is also a water safety classroom presentation for outreach efforts.

Safety Training and Aquatic Rescue (STAR) is a practical and effective community water safety course that can be customized to the needs of the audience. The training is ideal training for parents/caregivers, child care personnel, foster families, and anyone who supervises or may have to help others in, on or near the water. STAR may be provided completely in person by your staff, or you can purchase online courses for distribution to your audience and provide an online or blended course.

We are working towards the goal of also being an "Aquatic-Fitness Center." We hope to offer water aerobics, water walking programs, arthritis aquatic exercise, along with many more similar programs.

4 Reasons Why You Need Your **Own Scuba Regulator**

Having your own scuba diving equipment is a major factor in the enjoyment of the sport. And, one of the first pieces of equipment I would recommend investing in is your scuba regulator.



Sure, you can rent gear from your local dive center or at many dive destinations. But, are you going to put your complete trust in the availability of an under-maintained, over-worked rental regulator for your personal safety and enjoyment of Diving.

I remember when I was just starting out diving. I was on a diving with a rental regulator; it worked fine for the beginning of the dive. However, a few minutes in the octopus begun to free flow a little and there was a terrible honking sound coming from the first stage with every breath I took.

I could still breathe from the regulator pretty well, but I was more concerned about the sound coming from it than anything else. I even missed the Manta that everyone got to see except me.

After the dive trip I decide that I was going to invest in a regulator of my own. Below are the 4 major reasons why I believe you should buy your own regulator.

- Maintenance and Safety By owning will know the condition 1. of your gear, where it has been, who has been using it, and when it was last serviced. That familiarity contributes to the highest level of safety and security, which in turn gives you peace of mind and an overall more enjoyable dive.
- Personalization Owing your own regulator give you to op-2. portunity to personalize it to your liking, something that you simply cannot do with a rental. Also, most rentals are entry level regulators that often lack all the feature and perfor-

Call 316-775-6688 to schedule your class

AMBER WAVES DIVING REPAIR CENTER

Properly functioning gear is crucial Your safety depends on it. That's why we are the best technicians in the business to service your gear.

What to expect

We are certified technicians that always follow manufacturer guidelines. Conscientious and thorough, we examine every part of your gear. We're always on the lookout for wear and corrosion, immediately swapping out anything worn or damaged. We want your next dive to be your best dive!



SCUBAPRO MK19 EVO/G260 REGULATOR

THE MK19 EVO/G260 REGULATOR

IS PERFECT FOR ANY CONDITIONS, ESPECIALLY THOSE WHO DIVE DEEP, IN COLD WATER, OR IN SILTY ENVIRONMENTS. THIS SYSTEM IS IDEAL FOR HARSH CONDITIONS, MAKING IT A TOP CHOICE FOR TECH DIVERS AND CAVE EXPLORERS. THE COM-PACT MK19 EVO IS FULLY SEALED, ENSURING TROUBLE-FREE OPERATION IN COLD OR MURKY WATERS. THE G260 IS A HIGH-LY IMITATED AIR-BALANCED SECOND STAGE WITH METAL COMPONENTS AND A LEFT-RIGHT HOSE ATTACHMENT OPTION, MAKING IT EXCELLENT FOR TECH DIVING SETUPS AND A CON-SISTENT TOP PERFORMER.

Scubapro MK11/C370 Regulator





The Mk11 First Stage Regulator is the perfect choice for the recreational diver who wants the advantage of a diaphragm first

stage for use in temperate waters. Diaphragm-based first stages are environmentally sealed so that water cannot enter the inner mechanism. This first stage comes standard with the Thermal Insulating System (TIS), which keeps your first stage from freezing up and malfunctioning in cold water conditions. Additionally, its over-balanced diaphragm first stage design gives you better breathing performance at greater depths.

PRICED RIGHT AT \$643.00



mance that you would expect from a personal reg. You can buy a scuba regulator with all the features that suits your diving style and the conditions and environment that you will be diving in.

- **Cost** In the short-term renting a regulator might seem as 3. the best option cost wise. However, if you are a frequent diver you will soon find out that the cost of constantly renting a regulator will turn out more expensive than having your own regulator in the long run.
- 4. Availability – What if you go to your local dive center to rent a regular and their out, then what? When you have our own regulator you don't need to worry about availability, it is yours so it will always be there. Also, there is no need to worry about making reservations to rent a regulator in the hope that they might not have any.

Don't take the chance with a rental or a loaner. Your dive regulator is your lifeline underwater, and is the most important piece of scuba diving equipment you can buy. The bottom line is that owning your own equipment allows you to maximize your enjoyment as well as your safety.





SHERWOOD'S BEST SELLING AIR INTEGRATED COMPUTER NOW WITH BLUETOOTH INTEGRATION TO DIVELOG+



AVAILABLE AT PARTICIPATING SHERWOOD DIVE CENTERS FOR IN STORE PURCHASE ONLY.

WWW SHERWOODSCUBA COM

AQUA 🕗 LUNG

AQUA LUNG 1200C WRIST COMPUTER

\$470.00



INTRODUCING THE NEW GALILEO 3 (G3) DIVE COMPUTER

Modern Watch Style Dive Computer. Classic Timepiece Look.

With a vibrant color display for easy readability, the SCUBAPRO Galileo 3 (G3) is a modern watch-style dive computer with a classic timepiece look. Utilizing Galileo's trusted menu design and four button control, it's extremely intuitive to navigate through dive modes, two algorithm choices, screen styles and other personalized dive management options.





HELIX PRO REGULATOR \$549.00

This 2022 Aqualung presents us with the Helix, a mid-priced regulator, which enjoys very good performance, undoubtedly above expecta-

tions.

It represents the DNA of the Aqualung regulators. It is without Question the best option in terms of value for money currently available.

The Helix Pro version has two added features:

Aqualung's patented ACD system, technology that protects the first stage from accidental entry of water or dirt even when the regulator is not under pressure.

And sealed ambient pressure chamber, suitable for cold and/or polluted waters.



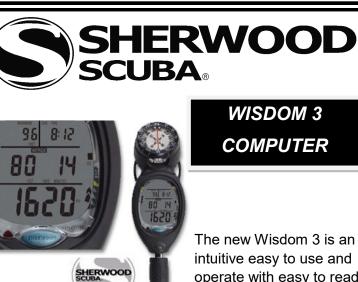
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The Apeks XTX50 Regulator is what

you're looking for in a top of the line regulator, at a reasonable price. The Apeks XTX50 is designed to handle every diving condition you could put it through. It can even be changed from right hand to left hand use, by an authorized technician. You can change out the exhaust tee from a wider tee for minimal bubbles, great for photography, or a more narrow exhaust tee for a smaller more compact regulator. Apeks XTX50 features:

- An over balanced diaphragm design first stage that is environmentally sealed
- Four medium pressure ports, with optional fifth
- Easily converts from right hand to left hand, by factory authorized technician
- Pneumatically balanced second stage
- Diver changeable exhaust tee
- Nitrox compatible

\$720.00



operate with easy to read large digital display. The

computer has diver selectable alarms, deep stop reminders, DECO warnings, and has Air, Nitrox and Gauge Modes. .

RETAIL \$945 ...OUR PRICE \$825